

Name: \_\_\_\_\_

Gender: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Birth (dd/mm/yyyy): \_\_\_\_ / \_\_\_\_ / \_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Daytime Contact Phone #: \_\_\_\_\_

**Does the client identify with any of these challenges?**  
(Check all that apply)

non-insured (refugee, new immigrant)

mental health challenges (explain):  
\_\_\_\_\_

problematic drug and/or alcohol use

mobility issues

developmental challenges

financial barriers

**Language(s) Spoken:**

English

Other: \_\_\_\_\_

If patient prefers services in other languages the referral will be forwarded to the appropriate program

**Referred for (check all that apply):**

Diabetes Self-Management Support

Nutrition Counseling/Education

Insulin initiation/dose adjustment \*

\*signed order (below) must be completed

Client is appropriate for group education

If not, please indicate why: \_\_\_\_\_

**Diagnosis:**  Type 1  Type 2  Prediabetes  Newly Diagnosed (within 6 months)

**Medical History:**

Cardiovascular Disease  Dyslipidemia  Foot/Wound Concerns  Hypertension

Neuropathy  Previous GDM  Renal Disease  Retinopathy

Other: \_\_\_\_\_

**Laboratory data:** Date: \_\_\_\_\_  **attach lab reports if preferred**

FPG	_____	TG	_____	OGTT:		
PG	_____	LDL	_____	0 hr	_____	ACR
A1C	_____	TC/HDL	_____	2 hr	_____	eGFR

**Medications**  **attach med list if preferred**

Current Diabetes Medications: \_\_\_\_\_

Other Medications/Allergies: \_\_\_\_\_

**Orders for Insulin Initiation (must be completed to implement)**

Insulin Type(s) and frequency:	_____	<input type="checkbox"/> Referring Practitioner: _____ <input type="checkbox"/> Primary Care Practitioner: _____
(subcutaneous) Starting Dose(s):	_____	
Changes to current oral diabetes medications:	<input type="checkbox"/> Continue with current oral medications	
<input type="checkbox"/> Diabetes Educator may teach client insulin dose adjustment by 1-2 units, or up to 10% of total daily insulin dose.	Phone: _____ Fax: _____	<input type="checkbox"/> Referring Practitioner: _____ <input type="checkbox"/> Primary Care Practitioner: _____
<input type="checkbox"/> Diabetes Educator may provide insulin samples to patient as needed. <b>Note: Prescription must be provided to the patient or DEP by referring practitioner for insulin initiation as Diabetes Educators are unable to prescribe medications.</b>	Phone: _____ Fax: _____	<input type="checkbox"/> Referring Practitioner: _____ <input type="checkbox"/> Primary Care Practitioner: _____