



Taddle Creek
Family Health Team

Seniors Health Seminars
Presented by the Senior Advisory Volunteer Initiative (SAVI)
on behalf of Taddle Creek FHT

The Aging Body: Why do I feel the way I do?

For all those who are 65+, have you ever wondered about:

1. Why you grow old?
2. Why you are not sleeping the way you used to?
3. How your brain and nervous system are changing as you age?

***Speaker: Dr. Barry Goldlist, Professor of Medicine,
Geriatrician, UHN/Sinai Health System***

Date: Wednesday, June 29, 2016
Time: 10am-Noon
Location: 790 Bay Street, Suite 508
Light Refreshments Provided

***To R.S.V.P. please call
416-260-1315, ext. 0.
RSVP by June 22, 2016,
space is limited***

Future topics:
Memory and aging-Fall 2016
Improving your mobility-Winter 2016.

***Visit www.taddlecreekfht.ca
for more information.***

