

Advance Care Planning Resources:

Planning Guides:

<https://www.advancecareplanning.ca/wp-content/uploads/2024/09/ACP-Guide-EN-ver-FINAL-reduced-size-3.pdf>

<https://advancecareplanningontario.ca/acp/acp-workbook>

[Examples - BC Centre for Palliative Care](#)

[Advance care planning and decision making across Canada](#)

Indigenous: <https://www.fnha.ca/Documents/FNHA-Honouring-My-Journey.pdf>

[LGBTQ+: My Choices for Safe and Inclusive Healthcare](#)

<https://healthqualitybc.ca/resources/a-guide-to-having-conversations-about-what-matters/>

General topics to support your planning:

Consent and Capacity:

[Health Care Consent & Advance Care Planning - The Advocacy Centre for the Elderly \(ACE\)](#)

<https://www.nicenet.ca/articles/capacity-and-consent-canadian-seniors>

[Legal Decision-Making: Navigating Capacity and Consent Laws for Seniors | Ontario Bar Association](#)

Dementia:

[Dementia Values and Priorities Tool - Compassion & Choices](#)

<https://www.nuffieldbioethics.org/wp-content/uploads/Nuffield-Dementia-short-guide-1.pdf>

Elder Abuse:

[Elder Abuse Resources for Seniors in Canada](#)

Family centred care:

[Person and Family Centred Care | Long-Term Care Best Practices Toolkit, 2nd edition](#)

[What is PFCC?](#)

Housing / cost of care:

[Older Women's Network](#)

[Senior Women Living Together](#)

<https://www.canadahomeshare.com>

<https://intergenliving.ca>

[Housing Options for Older Adults in Canada - NICE Information Tool](#)

[Ontario Caregiver Coalition](#)

[Partnerships – Care Watch](#)

[Home or retirement residence? What Canadians will really pay as they age - The Globe and Mail](#)

<https://coacalculator.ca/>

[The Advocacy Centre for the Elderly \(ACE\)](#)

<https://www.homecarehub.ca/>

[Housing | Ontario Human Rights Commission](#)

[Bridging the Gap: Opportunities to Address Seniors' Supported Housing Needs in Ontario](#)

[Aging Solo](#)

[Home Alone - Mental Health Commission of Canada](#)

Legacy work:

[Resources & Books](#)

<https://www.virtualhospice.ca/2SLGBTQ/articles/leaving-a-legacy>

[Dignity Therapy at End-of-Life](#)

Death and Dying literacy:

<https://dignityincare.ca/en/approach.html#principlescare>

<https://healthydebate.ca/2026/03/topic/frail-palliative-ontarios-home-care-older-adults/>

<https://www.hpco.ca/palliative-talks-ben-robert/>

[Being Mortal | FRONTLINE | PBS | Official Site | Documentary Series](#)

[Reimagining End-of-Life Care: Bridging System Gaps in Hospitals and Intensive Care Units \(ICUs\) to Redesign the Experience of Dying](#)

<https://www.dyingwithdignity.ca/blog/death-doula-network-international-a-community-for-death-literacy-and-doulas/>

[Virtual Hospice](#)

[Myth-busting About End-Of-Life: Jared Rubenstein, MD](#)

[Death & Dying Planning Resources | Death Doulas](#)

<https://healthydebate.ca/2017/07/topic/palliative-care-advice/>

<https://www.chpca.ca/blog/10-myths-about-palliative-care/>

<https://www.nicenet.ca/kb/infographic---four-myths-about-palliative-and-hospice-care>

[MAID Family Support](#)

<https://www.maidhouse.ca>

[Death Cafés | Linda Hochstetler](#)

[Death Doula Ontario Network](#)

[Death & Dying Planning Resources | Death Doulas](#)

<https://www.homefuneralalliance.org/>

[Directory – Green Burial Society of Canada](#)

[Planning for Your Future? Don't Forget About Your Pets - Toronto Humane Society](#)